

# Flapjack

## Ingredients

3 oz Margarine  
2 Tablespoons Golden Syrup  
3 oz Sugar  
5 oz Porridge Oats

## Method

Melt margarine and syrup in a pan and then stir in oats and sugar.

Spread mixture into a well-greased 7" square tin and bake at Gas 4/180°C for twenty minutes.

Wait until it has set enough to be able to handle with care and place a cooling rack over tin and turn the whole lot over. Prey that the flapjack drops out. If it doesn't try dropping the tin open face down on a table. If it's allowed to fully cool in the tin it's an absolute bugger to get out, though this can be eased if a sheet of greased greaseproof paper is put at the bottom of the tin. Cut into pieces of the desired size.