

ALL BRAN FRUIT LOAF

Ingredients

4 oz All Bran

5 oz Sugar

10 oz Mixed Dried Fruit

½ pt Milk

4 oz SR Flour

Method

Put All Bran, sugar and fruit into a basin and mix well together. Stir in milk and leave to stand for 30 minutes. Mix in flour well and pour into a greased and lined 2 lb loaf tin. Bake at Gas 4/180C for an hour.