

OAT CRUNCHIES

Ingredients

2 oz Flour

3 oz Porridge Oats

½ level teaspoon Bi-Carb Soda

2 oz Margarine

1 tbsp Golden Syrup

2 oz Sugar

Method

Melt margarine, sugar and syrup together.

Mix in dry ingredients.

Shape mixture into balls (about three-quarters of an inch across) and place onto a greased baking tray allowing room between as they will spread-out during cooking.

Bake at Gas 4/180C for ten to fifteen minutes.